

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Melders Peter

Coaches: Jansen Goele HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 39: 100M BREASTSTROKE WOMEN 11-12 Heat:4, starttime: 14:37

Heat: 4/10 Lane : 4 Athlete: BEIJNSBERGER JULIE Q-time: 01:33:45

PB (25m pool): 01:33.45 Hasselt 04/10/2026 PB (50m pool): 01:37.68 SB: 01:33.45 Hasselt 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.96		01:33.45	
	00:43.96		00:49.49		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12 Heat:5, starttime: 14:39

Heat: 5/10 Lane : 6 Athlete: BIANCHI MAIA Q-time: 01:31:71

PB (25m pool): 01:31.73 Hasselt 04/10/2026 PB (50m pool): 01:31.71 SB: 01:31.73 Hasselt 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.89		01:31.73	
	00:42.89		00:48.84		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12 Heat:6, starttime: 14:41

Heat: 6/10 Lane : 3 Athlete: VAN EYGEN LOUISE Q-time: 01:30:55

PB (25m pool): 01:30.55 Hasselt 04/10/2026 PB (50m pool): 01:30.92 SB: 01:30.55 Hasselt 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.65		01:30.55	
	00:42.65		00:47.90		
					

Coach feedback:

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Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:8, starttime: 14:45
Heat: 8/10 Lane : 8 Athlete: BEIJNSBERGER LOUISE					Q-time: 01:28:73
PB (25m pool): 01:28.73 Hasselt 04/10/2026			PB (50m pool): 01:33.46 SB: 01:28.73 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.31		01:28.73	
	00:41.31		00:47.42		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:3, starttime: 14:55
Heat: 3/10 Lane : 6 Athlete: JORISKES GIJS					Q-time: 01:38:00
PB (25m pool): 01:38.00 Eindhoven 28/06/2026			PB (50m pool): 01:40.96 SB: 01:39.64 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.50		01:38.00	
	00:46.50		00:51.50		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:5, starttime: 15:00
Heat: 5/10 Lane : 2 Athlete: FERREIRA CRAVO ENZO					Q-time: 01:33:67
PB (25m pool): 01:33.67 Bree 31/05/2026			PB (50m pool): 01:34.26 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.25		01:33.67	
	00:44.25		00:49.42		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:5, starttime: 15:00
Heat: 5/10 Lane : 3 Athlete: BOSMANS VINCE					Q-time: 01:33:45
PB (25m pool): 01:33.45 Hasselt 04/10/2026			PB (50m pool): 01:37.52 SB: 01:33.45 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.29		01:33.45	
	00:44.29		00:49.16		
					

Coach feedback:

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Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:4, starttime: 15:27
Heat: 4/4 Lane : 2 Athlete: DAEMEN JUUL					Q-time: 01:11:82
PB (25m pool): 01:11.82 Hasselt 04/10/2026			PB (50m pool): 01:14.85 SB: 01:11.82 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.53		01:11.82	
	00:33.53		00:38.29		
					

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:1, starttime: 15:30	
Heat: 1/5 Lane : 2 Athlete: DE BELDER KATO							Q-time: 02:29:37	
PB (25m pool): 02:37.28 3500 Hasselt 20/10/2024				PB (50m pool): 02:29.37SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.40		01:17.27		01:58.73		02:37.28
	00:36.40		00:40.87		00:41.46		00:38.55	
								

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:3, starttime: 15:36	
Heat: 3/5 Lane : 1 Athlete: JORISKES LORE							Q-time: 02:21:91	
PB (25m pool): 02:21.91 Hasselt 04/10/2026				PB (50m pool): 02:32.00SB: 02:21.91 Hasselt 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.33		01:09.77		01:46.92		02:21.91
	00:33.33		00:36.44		00:37.15		00:34.99	
								

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:3, starttime: 15:36	
Heat: 3/5 Lane : 8 Athlete: VANHEESWIJCK AMELEA							Q-time: 02:22:11	
PB (25m pool): 02:22.11 Hasselt 04/10/2026				PB (50m pool): 02:25.68SB: 02:22.11 Hasselt 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.23		01:10.15		01:47.78		02:22.11
	00:33.23		00:36.92		00:37.63		00:34.33	
								

Coach feedback:

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Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:5, starttime: 15:41	
Heat: 5/5 Lane : 7 Athlete: THEUWISSEN NORE							Q-time: 02:16:29	
PB (25m pool): 02:16.29 Hasselt 04/10/2026				PB (50m pool): 02:19.85SB: 02:16.29 Hasselt 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.95		01:05.42		01:42.00		02:16.29
	00:30.95		00:34.47		00:36.58		00:34.29	
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:2, starttime: 15:48	
Heat: 2/6 Lane : 6 Athlete: GEUTJENS MAXIME							Q-time: 02:22:06	
PB (25m pool): 02:16.64 3500 Hasselt 18/10/2026				PB (50m pool): 02:26.30SB: 02:16.64 3500 Hasselt 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.50		01:05.98		01:41.54		02:16.64
	00:31.50		00:34.48		00:35.56		00:35.10	
								

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12							Heat:2, starttime: 16:05	
Heat: 2/10 Lane : 2 Athlete: BIANCHI MAIA							Q-time: 01:25:30	
PB (25m pool): 01:25.30 Pelt 27/09/2026				PB (50m pool): 01:26.32SB: 01:25.30 Pelt 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:41.25		01:25.30				
	00:41.25		00:44.05					
								

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12							Heat:5, starttime: 16:12	
Heat: 5/10 Lane : 5 Athlete: VAN EYGEN LOUISE							Q-time: 01:20:95	
PB (25m pool): 01:20.95 Pelt 27/09/2026				PB (50m pool): 01:26.79SB: 01:20.95 Pelt 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:38.92		01:20.95				
	00:38.92		00:42.03					
								

Coach feedback:

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Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:9, starttime: 16:21
Heat: 9/10 Lane : 2 Athlete: BEIJNSBERGER JULIE					Q-time: 01:16:11
PB (25m pool): 01:16.11 Hasselt 04/10/2026			PB (50m pool): 01:20.78 SB: 01:16.11 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.79		01:16.11	
	00:36.79		00:39.32		
					

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:9, starttime: 16:21
Heat: 9/10 Lane : 6 Athlete: BEIJNSBERGER LOUISE					Q-time: 01:16:06
PB (25m pool): 01:16.06 Eindhoven 28/06/2026			PB (50m pool): 01:20.18 SB: 01:16.26 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.70		01:16.06	
	00:36.70		00:39.36		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:5, starttime: 16:35
Heat: 5/10 Lane : 2 Athlete: JORISKES GIJS					Q-time: 01:21:24
PB (25m pool): 01:21.24 Lommel 22/02/2026			PB (50m pool): 01:21.43 SB: 01:22.36 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.42		01:21.24	
	00:40.42		00:40.82		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:8, starttime: 16:42
Heat: 8/10 Lane : 7 Athlete: FERREIRA CRAVO ENZO					Q-time: 01:16:29
PB (25m pool): 01:16.29 Hasselt 04/10/2026			PB (50m pool): 01:20.27 SB: 01:16.29 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.46		01:16.29	
	00:37.46		00:38.83		
					

Coach feedback:

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Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:10, starttime: 16:47
Heat: 10/10 Lane : 2 Athlete: BOSMANS VINCE					Q-time: 01:11:74
PB (25m pool): 01:11.74 Herentals 09/05/2026					PB (50m pool): 01:13.47 SB: 01:13.38 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.44		01:11.74	
	00:35.44		00:36.30		
					

Coach feedback:

Event number: 47: 200M BACKSTROKE WOMEN 15-16							Heat:2, starttime: 16:53	
Heat: 2/4 Lane : 5 Athlete: WEVERS GITTE							Q-time: 02:30:01	
PB (25m pool): 02:25.42 3500 Hasselt 18/10/2026							PB (50m pool): 02:31.09SB: 02:25.42 3500 Hasselt 18/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.00		01:10.73		01:48.12		02:25.42
	00:34.00		00:36.73		00:37.39		00:37.30	
								

Coach feedback:

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:2, starttime: 17:07	
Heat: 2/4 Lane : 2 Athlete: EVENS VINCE							Q-time: 02:25:19	
PB (25m pool): 02:18.65 3500 Hasselt 18/10/2026				PB (50m pool): 02:25.77 SB: 02:18.65 3500 Hasselt 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.00		01:07.84		01:44.20		02:18.65
	00:33.00		00:34.84		00:36.36		00:34.45	
								

Coach feedback:

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:2, starttime: 17:07	
Heat: 2/4 Lane : 3 Athlete: EVENS MATS							Q-time: 02:23:66	
PB (25m pool): 02:20.17 3500 Hasselt 18/10/2026				PB (50m pool): 02:29.47 SB: 02:20.17 3500 Hasselt 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.62		01:08.13		01:44.84		02:20.17
	00:32.62		00:35.51		00:36.71		00:35.33	
								

Coach feedback:

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Event number: 49: 50M BUTTERFLY WOMEN 13-14			Heat:2, starttime: 17:18
Heat: 2/4 Lane : 6 Athlete: VANHEESWIJCK AMELEA			Q-time: 00:32:80
PB (25m pool): 00:33.48 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:32.80 SB: no time			
	2 5 M	5 0 M	
PB		00:33.48	
		00:33.48	
			

Coach feedback:

Event number: 49: 50M BUTTERFLY WOMEN 13-14			Heat:2, starttime: 17:18
Heat: 2/4 Lane : 7 Athlete: JORISKES LORE			Q-time: 00:33:09
PB (25m pool): 00:33.09 Bree 31/05/2026 PB (50m pool): 00:33.49 SB: no time			
	2 5 M	5 0 M	
PB		00:33.09	
		00:33.09	
			

Coach feedback:

Event number: 50: 50M BUTTERFLY MEN 13-14			Heat:3, starttime: 17:24
Heat: 3/3 Lane : 8 Athlete: VANDIJCK SAMUEL			Q-time: 00:29:87
PB (25m pool): 00:29.87 Hasselt 04/10/2026 PB (50m pool): 00:30.51 SB: 00:29.87 Hasselt 04/10/2026			
	2 5 M	5 0 M	
PB		00:29.87	
		00:29.87	
			

Coach feedback: